



NEWSLETTER

ISSUE 7 - OCTOBER 2025

Introduction

Dive into October with SSA's hottest updates, triumphs, and a splash of inspiration!

Welcome to the seventh edition of the SSA Newsletter – your go-to source for the waves making momentum across South African aquatics. This month we're featuring:

- A **special message** from the **Women in Sport Trust Chairperson**.
- **Inspiring Athlete Profiles** from the Women in Sport Trust.
- The latest on our **High-Performance athletes** creating elite waves.
- A comprehensive **'Race Ready'** competition roundup.
- How our **Mass Participation Programme** is driving water safety in Greater Giyani and Musina.
- **Crucial updates and courses** from the Education & Training desk plus more.

Whether you're an athlete chasing a personal best, a coach shaping future champions, an official ensuring fairness on deck, or a fan cheering from the stands – you're home here. We're here to keep you connected, inspired, and right in the flow of South Africa's vibrant swimming family.

So grab your goggles – the water's warm, and the stories are waiting. *Let's dive in!*



Follow us for real-time updates:

- ✓ Facebook: [@SwimmingSouthAfrica](#)
- ✓ Twitter (X): [@SwimSouthAfrica](#)
- ✓ Instagram: [@swimsouthafrica](#)
- ✓ Website: [www.swimsa.org](#)



Message from Dr. Nomonde Mabuya, Founder & Trustee of the Women In Sport Trust and Women Entrepreneurs Trust

by Dr. Nomonde Mabuya, Women In Sport Trust and Women Entrepreneurs Trust Founder & Trustee

Dear Swimming Community,

This month, we are honoured to turn our spotlight onto a true force of empowerment: **Dr. Nomonde Mabuya** – Founder & Trustee of the Women in Sport Trust and Women Entrepreneurs Trust.

Her visionary leadership:

- Ignites change for women in sports and business,
- Fuels futures through bursaries for sports education,
- Builds pathways for tomorrow's Olympians and leaders.

South Africa sees her passion. The world sees her legacy.

In this edition, we have the privilege of hearing directly from Dr. Mabuya – the architect of dreams, the voice of



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progress, and a beacon of hope for women and girls across our nation.

Join us as we celebrate her journey, her mission, and the five remarkable aquatic athletes whose futures are being shaped by her unwavering commitment.

Keep lighting the way!



A Message from Dr. Nomonde Mabuya

The Women in Sport Trust is a dedicated vehicle driving meaningful transformation and contributing to the economic empowerment of Black women, both abled and disabled, within the South African sports sector. The Trust aims to provide structured support, targeted resources, and equitable opportunities for high-performance athletes participating in or contributing to sports.

Key Objectives:

- **Empowerment:** Support women in sports as athletes, coaches, administrators, technical staff, entrepreneurs, and executive leaders.
- **Visibility and Representation:** Advocate for fair treatment, visibility, and meaningful representation of women across all sporting codes and governance structures.
- **Mentorship and Leadership:** Facilitate mentorship programmes, leadership development, access to networks, and collaborative platforms.

Partnership with South African Swimming Organisation

The Trust has partnered with the South African Swimming Organisation to assist five selected aquatic athletes annually until the next Olympic Games, with the goal of aiding transformation and supporting future Olympians.

Dr. Mabuya, Chairperson of the Women in Sport Trust

Women in Sport Trust – Athlete Profiles

This month, we are incredibly proud to shine a spotlight on four of the remarkable young women being supported by the Women in Sport Trust. These athletes are not just chasing personal glory; they are paving the way for the next generation and embodying the future of South African aquatics. We caught up with them to discuss their journeys, their dreams, and the profound impact the Trust has had on their careers.



Myra Viduya (Swimming)

Hi, my name is Myra Viduya. I've had the honour of representing South Africa at the Junior African Swimming Championships in Egypt and the Junior World Swimming Championships in Romania.

I am currently aiming to represent South Africa at senior international competitions, building on my experience and continuing to grow as a swimmer.

Being supported by the Women in Sport Trust has made



such a big difference in my swimming journey. Their sponsorship has helped cover important costs like training, travel, and equipment – allowing me to focus fully on my goals.

Thanks to their support, I had the opportunity to compete in Egypt and travel to Romania for Junior Worlds. Both were unforgettable experiences that helped me grow so much as an athlete.

I'm really grateful to be part of a community that believes in empowering young women in sport. Their support has truly inspired me to keep pushing toward my dreams, both in and out of the pool.



In the next season, I want to focus on improving my times and perfecting my technique. My goal is to keep building on the experience I gained from competing in Egypt and Romania and to qualify for more international events. I'm committed to staying consistent in training, challenging myself, and continuing to grow as both an athlete and a person.

Looking ahead, my dream is to represent South Africa at World Champs and eventually the Olympics. Beyond swimming, I hope to inspire younger athletes to believe in themselves and chase their goals, no matter how big they seem.

I want to thank my family, coaches, friends, and the Women in Sport Trust for always believing in me and supporting my journey both in and out of the pool. Their encouragement keeps me motivated, especially during tough training days or challenging races.

To young swimmers, my advice is to stay patient and trust the process. Progress takes time, but every small improvement adds up. Believe in yourself, keep showing up, and never lose the joy that made you fall in love with swimming in the first place.

[Follow Myra's Journey](#)



Ogechi McMurray (Water Polo)

Hi, my name is Ogechi McMurray. I've had the honour of representing South Africa at the Women's U18 Water Polo World Championships in China 2024, where I was named Most Valuable Player in our match against Turkey and served as Vice Captain for the team. I also recently represented the South African U20 Women's Water Polo team at the World Championships in Brazil in August 2025.

I am currently aiming to represent South Africa at the upcoming Women's Water Polo World Cup Division 2, which will hopefully propel me toward my ultimate goal of playing in the Olympics one day.

The Women in Sport Trust has tremendously assisted me and my family, as both my sister Oluchi and I are water polo players. This has lessened the stress of having to raise funds every time a team is announced.

Women in Sport Trust has changed my life. I used to get so excited going to trials and seeing my name in the squad, only for that excitement to fade when the reality of the costs kicked in. Not only did they pay for my tour to Brazil in August, but the fund also covered the flights, accommodation, and trial fees for trials held in East

London. It has even covered training camp fees that, under normal circumstances, I would have had to miss due to financial constraints.

The best and most important part is the coverage of specialised training, recovery gear, and nutritional supplies. Coming from a disadvantaged background can limit your abilities due to a lack of facilities and resources, but thanks to Women in Sport, I didn't have to worry about that.

My goal is to make as many national team selections as possible for World Cups and World Championships, especially while I'm still U20, so I can be better prepared for the Olympics.

Long-term, definitely the Olympics. That is the ultimate goal.

I would like to send my gratitude to Dr. Mabuya of the Women in Sport Trust for her unwavering support of young women in aquatics. You have changed our lives in more ways than one. I would also like to thank SSA President, Mr. Alan Fritz for his support in helping me follow my dream and facilitating this process.



My sincere gratitude goes to my school coaches, Mr. Colin Sandwell and Oluchi McMurray, for seeing and nurturing the talent in me. My thanks also go to all my Gauteng provincial coaches over the years, from U12 to this stage. Lastly, to my parents for their sacrifices and selflessness, especially my mom for being my driver and motivator throughout.

To the young players coming up: being an athlete is not easy. Be committed and believe in yourselves. There is always help out there. Just show the initiative, and the rest will fall into place.



Oluchi McMurray (Water Polo)

Hi, my name is Oluchi McMurray. I've had the honour of representing South Africa at the U16 Girls CANA Zone IV Water Polo Champs in Namibia 2019, where we won a silver medal. I went on to make the SA Women U17 squad, which was due to travel to the Euro Tournament in the Czech Republic in 2020, but the trip was cancelled on the day of departure due to COVID.

In 2023, I made the University Sport South African team and represented our country at the World University Games in Chengdu, China. While on tour in China, I was also selected for the Women's U20 squad to participate in Portugal. I have also been a reserve for several senior South African Women's teams in 2024 and 2025.

I am currently aiming to represent South Africa at the upcoming Women's Water Polo World Cup Division 2 in December 2025.

The assistance from the Women in Sport Trust has changed my entire sporting life. I now attend trials and training camps without the fear of making the team and then getting stuck without funds – which happened with the Portugal tour for U20s. I had to choose between paying my university fees and going on tour.

Women in Sport Trust has helped in many ways. Their assistance not only covers tours but also everyday sporting needs



like sports supplements, equipment, and kit. They recently paid for my sister Ogechi's tour to Brazil to represent the Women's U20 at the Water Polo World Championships in August 2025. I have a specialised high-intensity tour with my club coming up in Croatia soon, and I am confident their support will come in handy.

My immediate goal is to make the team in December for the World Aquatics Championships. There is a lot of stiff competition, and I will have to work hard to earn my spot.

Long-term, it's to make the Olympic team and also focus on growing water polo in our townships for people of colour in disadvantaged communities. I will be volunteering both my skills and my time to help the sport grow even stronger in our country.



I would like to thank Dr. Mabuya of the Women in Sport Trust for her support, not only to me but to all the young ladies she is assisting. Thank you to my former school coaches, Wade Marshal and Colin Sandwell, who saw the potential in me and nurtured it. I am currently the 1st team coach at my former school, St. Dominic's Boksburg, and still enjoy coach Colin's support. To my fellow coaches in the Gauteng province who have coached me at various age levels over the years, thank you.

Lastly, of course, to my parents, who are always poolside

supporting both me and my sister – waking up early to take us to training for many years and financially supporting us in this self-funding sport could not have been easy. For that, I thank them.

To the young up-and-coming 'champs': follow your dreams and work hard to achieve them. All it takes is dedication. Also, focus on your schoolwork!

My motto: 'Pain is weakness leaving the body, so persevere and be resilient!'"



Zalika Methula (Diving)

Hi, my name is Zalika Methula. I've had the honour of representing South Africa at both the World Championships and Junior World Championships.

I am currently aiming to represent South Africa at the Olympics and future World Championships.

Being a part of the Women in Sport Trust enabled me to travel to the World Aquatics Championships and attend my training camp in the United States. This support has been crucial in advancing my diving career and pursuing my dreams on the international stage.

My current goals are to develop and increase the degree of difficulty of my dives, and to hit my qualifications for NCAA Zones and subsequently the NCAA Championships.

My long-term goal is to represent South Africa at the Olympics and to earn my degree in Neuroscience.

I would like to give a special thanks to my family – they are the reason I am here today chasing my dream. They truly believed in me and continued to guide me through my highs and lows, and I am extremely grateful to God for blessing me with the family I have.



To my club coach, Danilo – thank you for never giving up on me, and for taking me from nothing to the diver I am today. I've learned so much through training with you over the past six years.

To my current coach, Ted – thank you for seeing my potential, for your eagerness to see me grow, and for continuing to stay invested in my journey. This is just the beginning, and I can't wait to see what we achieve together.

To my mentor, Julia Vincent – I've looked up to you for many years, and you continue to inspire me and guide me through my journey. I love working with you and finding ways to navigate the challenges I face.



I hope that by doing what I love, I can one day encourage young athletes, particularly those who look like me – that it's okay to dream big because that's the very first step to success. You have to believe you can achieve whatever you dream and set your mind to. **Follow Zalika's Journey**

Sponsor Thank You

A Heartfelt Thank You to Our Valued Sponsors

We would like to take this opportunity to extend our deepest gratitude to our title sponsor, **Bombela Concession Company**, and all our incredible sponsors! Your belief in our mission and your generous investment is creating powerful waves of positive change across South African aquatics.

This transformative partnership is more than just support, it's a shared commitment to building futures. Together, we are:

- **Empowering our elite athletes** to shine even brighter on the global stage.
- **Expanding our Learn to Swim programme**, ensuring this life-saving skill reaches even more children.
- **Fostering a culture of excellence and safety** in every pool and aquatic space.

As **Bombela Chairperson Kushil Maharaj** powerfully stated, this is *“an investment in future leaders who never quit when the waters get rough.”* We are profoundly grateful to have partners who understand the true depth of our impact.

Thank you for helping us dive deeper, swim sturdier, and build a brighter, safer aquatic future for all.



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High Performance (HP) – South Africa's Road to Glory

South Africa's Stars Shine on World Aquatics Swimming World Cup Stage

The recent World Aquatics Swimming World Cup 2025 series served as a powerful statement: South Africa is building formidable momentum on the road to LA 2028 and beyond. Our elite athletes delivered a series of stunning performances across all three stops, claiming medals and proving their mettle against the world's best.

A Stellar Start in Carmel

The campaign ignited in Carmel, USA, with immediate success:

- **Chad Le Clos** demonstrated his enduring class, securing a **bronze medal in the 100m Butterfly (49.57)**.
- **Rebecca Meder** announced her strong form with a **double bronze**, podiuming in both the **200m Breaststroke (2:18.14)** and the **200m Medley (2:05.56)**.
- **Chris Smith** provided a standout moment, powering to a brilliant **gold medal in the 50m Breaststroke (25.75)**.

Meder Maintains Momentum in Westmont

The second stop in Westmont became the "Becky Meder Show," as the versatile star showcased incredible consistency and skill across a gruelling schedule:

- She clinched another **bronze in the 200m Breaststroke (2:18.88)**. Displayed her range with a **5th place in the 100m Breaststroke Final**, swimming faster in the final (1:05.35) than in the heats.
- Raced to a **5th place finish in the 200m Medley**, backing up a top-seeded heat swim.

A Bronze Finale in Toronto

The tour concluded in Toronto with Meder saving her best for last. After a series of strong performances, including a near-podium **4th place in the 200m Breaststroke**, she delivered a spectacular finale:

- **Claiming the bronze medal in the 100m Breaststroke with a blistering 1:04.48.**
- Capping her campaign with a swift **5th place in the 200m Medley (2:05.83)**.

This World Cup series was more than just a collection of races; it was a clear demonstration of depth, resilience, and world-class potential. From seasoned champions like Le Clos to the relentless rise of Meder and the explosive power of Smith, South African swimming is on a confident path forward. The wave of success from these circuits is a thrilling preview of what's to come as we build towards the Los Angeles 2028 Olympic and Paralympic Games.

For more detailed reports, visit the official SSA website:

- [South Africans impress at World Aquatics Swimming World Cup opener in USA](#)
- [SAs Meder maintains medal momentum on Swimming World Cup circuit](#)
- [SAs Meder wraps up World Cup campaign with fourth bronze in Toronto](#)



What to Look Out For Next: Salnikov Cup

The international campaign continues as a selected South African squad is set to compete at the prestigious **Salnikov Cup in St. Petersburg, Russia, from 19-20 December 2025**. This competition presents another crucial opportunity for our athletes to gain invaluable experience against world-class opposition as we build towards Los Angeles 2028.

- **Squad Announcement:** [Meet the team heading to Russia](#)

The wave of success from these international circuits is a thrilling preview of what's to come as we build towards the Los Angeles 2028 Olympic and Paralympic Games.

#RoadToLA2028 #HighPerformance



Competitions – Thrills in the Pool & Open Water

October was a month of pure dominance for South African aquatics, with our athletes delivering spectacular performances across the globe. From the pristine pools of the World Cup circuit to the challenging open waters of Mombasa, Team SA showcased depth, determination, and a thrilling glimpse into a golden future.

World Aquatics Swimming World Cup 2025

South Africa's elite proved they belong among the world's best, collecting a stunning haul of medals across three demanding stops.

Stop 1 – Carmel, USA

- **Chad Le Clos – Bronze** – Men's 100m Butterfly (49.57)
- **Rebecca Meder – Bronze** – Women's 200m Breaststroke (2:18.14); Women's 200m Medley (2:05.56)

- **Chris Smith – Gold** – Men's 50m Breaststroke (25.75)

Stop 2 – Westmont, USA

- **Rebecca Meder – Bronze** – Women's 200m



Breaststroke (2:18.88)

- **Rebecca Meder** – 5th Place – Women's 100m Breaststroke (1:05.35); Women's 200m Medley (2:07.60)

Stop 3 – Toronto, Canada

- **Rebecca Meder** – **Bronze** – Women's 100m Breaststroke (1:04.48)
- **Rebecca Meder** – 4th Place – Women's 200m Breaststroke (2:18.81)
- **Rebecca Meder** – 5th Place – Women's 200m Medley (2:05.83)
- **Rebecca Meder** – 6th Place – Women's 100m Medley (58.81)



Athlete Spotlight: Rebecca Meder

Becky was the undeniable star of the tour, displaying incredible versatility and consistency. Her campaign, which included **four bronze medals** and multiple top-5 finishes across three different strokes, cements her status as a world-class force.

Africa Aquatics Open Water Championships – Mombasa, Kenya

Team SA didn't just compete in Mombasa; they conquered, delivering a breathtaking display of endurance and skill to be crowned the **TOP TEAM** of the championships.

5km Event Highlights

- **Sienna Gous (Gold) & Caitlin Evans (Silver)** – Girls 14-15 Years
- **Callan Lotter (Gold) & Amica de Jager (Silver)** – Senior Women
- **Kiara Banks (Silver)** – Girls 16-17 Years
- **Kirsty Andros (Gold) & Cassidey Doubell (Bronze)** – Youth Women
- **Connor Albertyn (Silver) & Mohammed Adam (Bronze)** – Senior Men
- **Jordan Mladovon (Silver)** – Youth Men
- **Kellen Jones (Silver) & Owen Joubert (Bronze)** – Boys 16-17 Years

3km Knockout Sprints

- **Callan Lotter (Gold) & Amica de Jager (Silver)** – Senior Women
- **Connor Albertyn (Bronze)** – Senior Men

Team Relay Dominance

- **GOLD** – Junior Relay Team (Kellen Jones, Sienna Gous, Caitlin Evans, Win Bartleman)
- **SILVER** – Senior Relay Team (Connor Albertyn, Callan Lotter, Amica de Jager, Luan Terblanche)



Athlete Spotlight: Callan Lotter

The standout senior was crowned **Top Senior Female Swimmer** of the championships, claiming two individual golds and a relay silver – a truly phenomenal all-round performance.





Open Water: aQuellé Midmar Mile Seeding Event

The open water season kicked off in fantastic style, setting the stage for an exciting campaign ahead.

- **Overall Winners: Callan Lotter and Matthew Caldwell** claimed the first overall wins of the 2025/26 season, signalling a thrilling battle to come.



Looking Ahead: 2026 World Aquatics Water Polo World Cup

The countdown has begun! Mark your calendars and get ready to back Team SA as they take on the world:

- **World Cup (Division 2)** – Malta – 7-12 April (Men); 21-26 April (Women)
- **World Cup (Division 1)** – Eindhoven – 7-12 April (Men); 1-6 May (Women)

Let's show our pride and support as they prepare to make waves on the global stage!

#WaterPolo #WorldCup2026



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Mass Participation Programme (MPP) – Swimming for All

MPP Drives Water Safety and Fun in Greater Giyani and Musina

The Mass Participation Programme has been a whirlwind of energy and impact this October, carrying its vital mission of water safety and swimming joy to communities across Limpopo and KwaZulu-Natal. From holiday programs to community outreach, the focus remains unwavering: building confidence, teaching life-saving skills, and fostering a lifelong love for the water.



A Splash of Success in Greater Giyani

The AquaBliss Family Park in Greater Giyani was the epicentre of fun and learning during the Mass Participation Holiday Program. Over two vibrant days, young, aspiring swimmers took to the water, their growing confidence and improving skills a testament to the program's powerful impact. The laughter and determination seen in Giyani are what drive our mission forward proving that every child deserves the chance to be safe and confident in the water.



Spreading Waves of Joy to Musina and Bergville

The momentum continued as the MPP Spring Holiday Program moved to Musina, dedicating time to its crucial core mission: teaching children the essential skill of swimming.

The programme then travelled to the eDukuza area near the picturesque Woodstock Dam in Bergville, KZN, for a special weekend activation. In a heartwarming display of community engagement, **over 100 children and 40 adults** came together to participate. This event perfectly encapsulated the MPP's goal: uniting communities through the joy of swimming while empowering them with vital water safety knowledge.



A Unified Mission for a Safer Future

These activations are more than just swimming lessons; they are a cornerstone of SSA's commitment to a drowning-free nation. By bringing structured, fun, and educational programs directly to communities, we are not only teaching a life-saving skill but also planting the seeds for future champions, coaches, and water-lovers.

A heartfelt thank you to the communities of Greater Giyani, Musina, and eDukuza for their incredible participation and enthusiasm. Together, we are making every splash count.

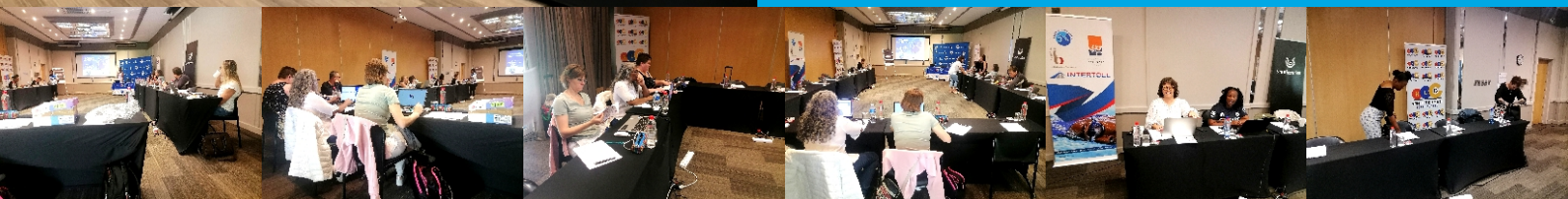
#SSA #MassParticipationProgramme #MPP #LearnToSwim #WaterSafety



Education & Training (E&T) – Building Future Leaders

Sharpening Skills and Building Futures

This month, the Education & Training desk has been a hub of activity, focusing on upskilling our dedicated facilitators and launching exciting new opportunities for growth in artistic swimming and infant aquatics. Investing in our educators ensures the continued excellence and safety of swimming development across South Africa.



LTS Facilitators Update Workshop

On 11 October 2025, our committed Learn-to-Swim (LTS) Facilitators gathered at the OR Tambo Garden Court for an intensive Update Workshop. This crucial professional development session is a cornerstone of our mission, ensuring our educators are equipped with the latest techniques and knowledge. By investing in our instructors, we guarantee that every child has the best possible opportunity to learn this vital life skill.

#SSA #LearnToSwim



Upcoming Events: Expand Your Skills

Artistic Swimming Workshop – Novice Figures (FREE)

LTS Instructors, you have a unique opportunity to grow the beautiful discipline of artistic swimming! Join us for a special workshop presented by an international legend.

- **Date:** 25 November 2025
- **Time:** 18:00-20:00
- **Closing Date for Registration:** 24 November 2025
- **Presenter:** Jenny Gray (MBE). An icon of the sport,

ONLINE WORKSHOP

LTS INSTRUCTORS
YOU HAVE THE ABILITY TO GROW ARTISTIC SWIMMING

TIME: 18h00-20h00
CLOSING DATE FOR REGISTRATION: 24 November 2025
(LTS Instructors must be accredited and registered.)

Presenter: **JENNY GRAY**

Competed at 1st World Championships, English National Development, Culture (dive) coaches across the world, Referee of Olympic Games and World Championships. Awarded MBE by Her Majesty the Queen for contribution to sport.

Artistic Swimming Novice Figures Workshop
25 NOVEMBER 2025

FREE
REGISTER NOW

NB: To attend this workshop, you must attend the Intro to Basic Principles workshop happening on 22 November, unless you are an ex-swimmer. For more info, contact Wendy Butler at bca.education.training@gmail.com



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Jenny competed at the first World Championships, served as English National Development Officer, and has refereed at the Olympic Games and World Championships. She was awarded an MBE by Her Majesty the Queen for her services to sport.

- **Pre-requisite:** Attendees must be accredited LTS instructors and are required to attend the **Artistic Introduction Workshop on 22 November 2025** (unless they are ex-swimmers).
- **Registration:** [Secure your spot here](#)
- **For More Info:** Contact Wendy Buitendag at bca.education.training@gmail.com

Todswim Conference: Revive. Reinspire. Reimagine.

Swimming South Africa is excited to invite you to a landmark Todswim Conference aimed at revitalising and enhancing this essential infant aquatics program.

- **Date:** 9-10 January 2026
- **Location:** Johannesburg

Conference Objectives:

- Revive Todswim and increase its accessibility nationwide.
- Update and upskill accredited Todswim teachers/instructors.
- Provide alternative assessment methods.
- Create a powerful networking opportunity for instructors.
- Establish clear requirements for annual registrations.
- Ensure a Todswim footprint in all nine SSA affiliates.
- Increase the number of skilled teachers qualified to teach infants (13-48 months).

This premier event will feature a lineup of experts, including a paediatrician, speech therapists, a dietician, and other leading aquatic specialists.

Cost & Registration:

- Conference & Gala Dinner: R1200 (15% discount for registrations by 14 December 2025)
- Attendees are responsible for their own accommodation; SSA has arranged special sports rates at the Garden Court East Gate.
- [Indicate your interest and select payment options here](#)



REGISTER BY 14 DECEMBER 2025
15% DISCOUNT

REVIVE. REINSPIRE. REIMAGINE TODSWIM.

✕ Join the Movement to Shape the Future of Todswim in South Africa! ✕

DATE: 9-10 January 2026 | **VENUE:** Johannesburg
SPECIAL RATES: Accommodation at Garden Court Eastgate & O.R. Tambo
**Full Programme, Venue & Times to Be Confirmed.*

01	02	03
SOME KEY OBJECTIVES: <ul style="list-style-type: none"> • Revive & Enhance the national Todswim program. • Update Skills with the latest Todswim methodologies • Learn from Experts including Paediatricians, Speech Therapists & Dieticians. • Network & Connect with fellow Instructors nationwide. 	WHO SHOULD ATTEND? <ul style="list-style-type: none"> • Current Todswim Instructors • Aspiring Todswim Instructors • Swim School Owners & Managers • Anyone passionate about Child Water Safety 	YOUR MISSION, OUR GOAL: Increase the number of water-safe children across all 9 provinces! INVESTMENT: Gala Dinner & Conference Fee: R1200 (-15% = R1020) Secure Your Spot Today!

REGISTER NOW 

www.swimsa.org

www.swimsa.org

Upcoming Events

"Mark Your Calendars!"

November 2025 Preview

- **MPS Open Water 2** – Ngodwana Dam (MP), 9 November 2025
- **CTMA Open Water 2** – Grabouw Dam (WC), 16 November 2025
- **Deaflympics** – Tokyo (Japan), 15-26 November 2025

- **Inaugural Africa Cup Open Water Swimming** – Sorro Island (Conakry, Guinea), 28-30 November 2025

Stay tuned for details on upcoming events on our official website and social media channels.



The poster features a collage of aquatic athletes in various poses, including swimmers, a water polo player, and a coach. The central text reads "BOMBELA CONCESSION COMPANY ANNUAL AQUATIC AWARDS 2025" in large, bold, gold letters. Below this, it says "Let's Celebrate" in a cursive font, followed by "SPEED, PRECISION, ACHIEVEMENT" in a gold banner. At the bottom, there are two circular countdown timers: "29 NOV" and "18 30". The background is dark with gold accents. Logos for "SWIMMING SOUTH AFRICA" and "BOMBELA CONCESSION COMPANY" are visible.

BOMBELA CONCESSION COMPANY
ANNUAL AQUATIC AWARDS
2025
Let's Celebrate
SPEED, PRECISION, ACHIEVEMENT
29 NOV
SOUTHERN SUN O.R. TAMBO
O.R. Tambo International Airport, Jones Road
18 30
★★★★★
WWW.SWIMSA.ORG

Upcoming Event Spotlight: Bombela Concession Company Annual Aquatic Awards 2025

The Countdown to Celebration is On!

Get ready for the most anticipated event on the South African aquatic calendar! We are thrilled to announce the **Bombela Concession Company Annual Aquatic Awards 2025**.

This year, we celebrate the absolute best of our aquatic world under the powerful and inspiring theme: **"Let's Celebrate: Speed, Precision, Achievement."**

Join us for a spectacular evening dedicated to honouring the athletes, coaches, teams, and pioneers who embody these core values and consistently push the boundaries of what's possible in our sport. From the explosive speed in the pool, to the technical precision in artistic swimming, to the remarkable achievements across all disciplines – this is our night to come together and shine a spotlight on our champions.

Stay tuned for further announcements regarding the date, venue, and categories. The countdown to an unforgettable celebration has officially begun!

For the official announcement, visit:

[South Africa's Aquatic Stars to Shine at the 2025 Bombela Concession Company Annual Aquatic Awards](#)

**#TeamSA #BombelaAquaticAwards2025
#LetsCelebrate #SpeedPrecisionAchievement**

General Updates – Poolside Chat

Teen Phenom Jess Thompson Blazes Her Own Trail

So good they couldn't ignore her!

Teen sensation **Jessica Thompson** is rapidly becoming a household name, claiming **five national titles and an African record** – all before turning 19! Her incredible form and fierce dedication mark her as one of South Africa's most exciting swimming prospects. Dive into her inspiring journey and find out what makes this future superstar tick.

- Read the full feature here: [Business LIVE Article](#)
- Watch her in action: [Jessica Thompson - SA's Next Superstar](#)

SSA Engages Minister on Vital Funding Issues

Swimming South Africa President **Alan Fritz** has raised serious concerns regarding potential budget cuts for the federation following a high-level meeting with Minister of Sport **Gayton McKenzie**. In a plea to protect the future of aquatics, Fritz emphasized the importance of sustained investment in developing athletes, coaches, and grassroots programs across the country.

- Read the full report: [SABC Sport Coverage](#)

Catch SSA Leadership in Conversation

Want to hear directly from the leadership shaping South African swimming? Tune into these recent interviews:

- **Mr. Alan Fritz on Goeiemôre, Good Morning**
SSA's President shared his vision and insights on the future of swimming in an exclusive



interview.

Watch here: [YouTube Link](#)

- **Neto Sports Global – Episode 5**

This inspiring episode features **Alan Fritz** and **Boati Motau**, Vice-Captain of the Senior SA Water Polo Team, in a powerful discussion on the future of aquatics.

Watch here: [YouTube Link](#)

Tuks Swimmers Shine at University Sports Awards

Pieter Coetzé and **Hannah Corbett**, along with their renowned coach, were honoured for their outstanding achievements over the past year at the University of Pretoria's annual sports awards. This recognition highlights the continued excellence emerging from one of South Africa's premier swimming hubs.

- **Full story here:** [The Citizen / Rekord Report](#)

Stay tuned for more news, features, and behind-the-scenes updates from the world of South African aquatics!

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